

Come join the fun!

Welcome moms of young children!

On your journey through motherhood, find laughter, friends, and faith with Moms & Moppets at Plymouth Church.

Enjoy a variety of get-togethers and special events throughout the year. With regular Morning Gatherings and Moms' Nights Out, there is something for everyone.

Our mission is to provide mothers of young children an opportunity to gather for fellowship, spirituality, education and support – while providing little ones an opportunity to play together. Whether you are a member of Plymouth Church or not, consider this your invitation to join us!



When: Third Thursday of every month (September – May) from 9:30-11 a.m.

Where: Youth Room at Plymouth Church (third floor, southwest corner)

Parking: Parking entrances are located off 42nd St., 41st and Ingersoll Avenue, and 40th St.

Childcare: Onsite childcare is available in the Toddler Room on the first floor. Babies and reticent children are welcome to stay with their moms.

September 15 Welcome/Kick-Off and Fellowship Forum

Always wish you could make it to Matt's Sunday morning Fellowship Forum? We start the year with special guest, Plymouth Minister and dad to 1-year-old Ellie, Matt Mardis-LeCroy, leading us in a discussion of topical and current events.

October 20 La Mie Bakery

Meet in Plymouth Toddler Room at 9:30 a.m., then together we will head to La Mie Bakery at the Roosevelt Shops for coffee and pastries.

November 17 Centering Prayer

Guest speaker Kathy Reardon will help us get centered before the holidays.

December 15 Brunch with Santa

Enjoy a potluck brunch with the moms, then the children will join us as we greet a jolly visitor from the North Pole! A great holiday photo-op! *(Note: Meet in the Burling Room on the first floor.)*

January 19 Postpartum Women's Health

Given much thought to your pelvic floor lately? Libby Trausch, D.P.T. from Des Moines University will share tips and field questions on women's health before and after baby!

February 16 Winter Playdate

It's cold outside – time for a winter playdate! Moms and kids meet in Plymouth's Toddler Room for songs and playtime.

March 29 Volunteer at the Plymouth Garage Sale

Meet in Plymouth's Coffee Shop at 9:30 a.m. to help sort and fold clothing for the

Fellowship
for Moms
of Young
Children

2011-2012
Program Schedule

Plymouth Youth Garage Sale. Volunteers get to pre-shop the sale! Childcare provided.

**April 19
Spring Fling**

We'll have some social time, then head across Ingersoll with our kids to make early May baskets for the residents at Plymouth Place, an assisted-living facility.

**May 17
La Mie Bakery**

Meet in the Toddler Room at 9:30 a.m., then let's end the year with another delicious excursion to La Mie!



Moms' Nights Out

**Tuesday, November 15, 7-9 p.m.
Nuts to You!**

Plymouth Church, Burling Room
Help bag nuts for the Plymouth Women's holiday nut fundraiser. (We have been know to test the chocolate almonds and amaretto pecans for quality control!)

**Tuesday, December 6, 6 p.m.
Christmas Party**

**Hosted by Molly Reif, 936 43rd St,
West Des Moines, IA 50265 | 309.5042**
Enjoy a relaxing evening with other moms; bring a snack to share.

**Tuesday, February 7, 7:30 p.m.
Coffee Night**

Join us at Smokey Row Coffee Shop (on MLK just south of I-235) for drinks and conversation.

Plymouth

UNITED CHURCH OF CHRIST

4126 Ingersoll Avenue | Des Moines, IA 50323 | 515.255.3149

MOMS & MOPPETS CONTACT INFORMATION

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Kristin Jones, Treasurer | kristinmariejones@yahoo.com

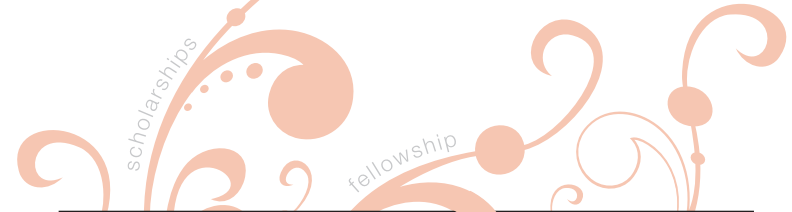
http://www.plymouthchurch.com/education_and_fellowship/fellowship_and_study_groups.php

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Moms & Moppets



a ministry of Plymouth Women

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